

Character Worksheet

Directions: Fill out all the points that you think are relevant to your character.

Name and Family

Full name:

Mom (age, name, alive or deceased, relationship):

Dad (age, name, alive or deceased, relationship):

Stepparents or stepfamily:

Family's nationality:

Religious background:

Current religious beliefs and practices:

Birthplace:

Birthday (with year):

Nicknames (with origin and current use):

Hometown:

Siblings and birth order:

Childhood (happy or abusive, boring or exotic):

Shaping Events

Saddest memory:

Happiest memory:

Trauma experienced and how it still affects character:

Biggest influences in character's life:

Most painful regret:

Most embarrassing secret or memory:

Mentality

Optimistic or pessimistic:

Psychological issues (anxiety, depression, phobias):

Gets uncomfortable when:

Level of compassion and sensitivity:

Greatest wish in life:

Prejudices (race, culture, sexuality, religion, etc.):

Biggest fear:

Home

Address:

Type of home:

Rented or purchased:

Cleanliness level:

Roommates:

Rural, suburbs, or city:

Decorations:

Pets, if any:

Treatment of pets:

Job

Current job:

How long at job:

Salary:

Job satisfaction:

Commute:

Highest level of education:

Work days and hours:

Skill at job:

Engagement with job:

Best skills:

Weaknesses:

Dream job:

Relationships

Sexuality (straight, gay, bi, asexual, questioning):

Marital status:

Sexual preferences (vanilla or experimental):

Significant romantic experiences:

Satisfaction with relationship:

Children (ages and names):

Relationship to children:

Best friend:

Level of connection (isolated or integrated in community):

Enemies:

Appearance:

Body type:

Resemblance to any famous individual:

Height:

Weight:

Physical-fitness level:

Eye color:

Vision (glasses, contacts):

Any disability:

Distinguishing marks (tattoos, freckles, scars, moles):

Health problems or illnesses:

Clothing style (sexy, casual, conservative, trendy, sloppy):

Cost of clothes (fashion, quality, function, thrift store):

Jewelry:

Level of grooming and personal hygiene:

Hair (length, bangs, part, texture, color):

Speech and Communication

Extrovert, introvert, or ambivert:

Speed of speech (fast, average, slow):

Languages spoken:

Accent or dialect:

Favorite phrases or curse words:

Tone (high, low, squeaky):

Quality (clear, gravelly, hoarse):

Diction (educated, colloquial, regional):

Gestures:

Body language (posture, stance):

Lifestyle

Does the character drive:

Car owned or leased (make, model, color, year, condition):

Spending style (frugal, in debt, wild, saver, or paycheck to paycheck):

Risky behaviors and addictions (smoking, drugs, drinking, gambling, prostitution):

Attitude toward risky behavior:

Sleep (night owl, morning person, insomnia):

First thing done in the morning:

Typical weekday:

Typical weekend:

Dreams (often or seldom, themes, panicked or pleasant):

Hobbies (type and intensity, sports or arts, competitive or private):

Cooks or orders out:

Quality gourmet or pre-packaged:

Favorite food:

Favorite restaurant:

Meal style: